



Thank you for your interest in a FREE Gold Bond Charity Place in the Plymouth Half Marathon 2016 in aid of Cornwall Air Ambulance. Please complete all sections of this form.

Title:	First Name(s):	
Surname:		
Address:		
		Postcode:
Contact Number:		Mobile:
Date of Birth:	Age on Race I	Day:
Email Address:		
Occupation:		
Emergency Contact (l	Name & Number)	
Predicted Finish Time	e: Hrs Mins	Is this Your First Half Marathon? Y / N
Reason for Running?		
	nditions that the race medica	l team should be aware of:

<u>N.B.</u> It is your responsibility to declare any serious medical conditions to the Event Organisers and to record your medical details and emergency contact details on the reverse of your race number and bring any necessary treatment with you on the day.

We woul	d like you to	provide you v	with a Corn	wall Air Ambuland	ce running vest to run in:
Size:	☐ Small	☐ Medium	☐ Large	☐ Extra Large	☐ No Thanks!
	fic ways you	u plan to raise	this money		imum of £200 for the charity. Please outline
•••••	•••••••••••••••••••••••••••••••••••••••				
	=	=			ndraising (we can supply you with collectioners, and sponsor forms)
••••••					
•••••					
	nappy for C ewsletter by		nbulance T	rust to keep you (updated on other events and send you ou
☐ Yes	□ No				

RACE TERMS AND CONDITIONS

Race numbers are issued to the individual completing the application and they cannot be sold or transferred. For a full copy of the event terms and conditions, please go to www.plymouthhalfmarathon.com

DECLARATION

If I am successful in obtaining a Gold Bond place, I pledge to raise the minimum of £200 for Cornwall Air Ambulance Trust.

I declare that I will abide by the rules of UKA, I am over 17 years of age and accept that the organisers or charity will not be liable for any injury, loss, damage, action claim, costs or expenses which may arise in consequence of participation in this event. I declare that I will not compete in the race unless I am in good health on the day of the race and that, in any event, I will only compete at my own risk.

C' and a	D	P . L
Sign:	Print.	I JOLE.
JISII:		Date

PLEASE NOTE

Submission of this form does not guarantee your place. We will notify you within 2 weeks of receipt whether we have a place available.

PLEASE RETURN COMPLETED FORM TO:

POST: Cornwall Air Ambulance Trust, Trevithick Downs, Newquay, Cornwall, TR8 4DY

EMAIL: becky@cornwallairambulancetrust.org

Please call 01637 88 99 26 if you wish to discuss your registration.